

January

2019

December						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
No Practice- Winter Break	No Practice- Winter Break	No Practice- Winter Break	No Practice- Winter Break	Snowflakes, Sprinkles, Tornadoes: 5:30-7 Mist, Cyclones, Vortex: 7-8:30		Competition- Opryland Hotel- All teams
6	7	8	9	10	11	12
Competition- Opryland Hotel- EXCEL TEAMS ONLY	Sprinkles 6-8 Tornadoes 6-8	Flex Zone 5-6 Cyclones 6:15-8:15	Tornadoes 5:30-7:30 Mist 6-8 Vortex 6:30-8:30	Snowflakes 6-7 Cyclones 6:15-8:15 Flex Zone 7-8 Jumps 8-8:30		Rainbows 10-11 Flex Zone 10:30-11:30
13	14	15	16	17	18	19
Competition- Nashville- ALL TEAMS	Sprinkles 6-8 Tornadoes 6-8	Flex Zone 5-6 Cyclones 6:15-8:15	Tornadoes 5:30-7:30 Mist 6-8 Vortex 6:30-8:30	Snowflakes 6-7 Cyclones 6:15-8:15 Flex Zone 7-8 Jumps 8-8:30		Rainbows 10-11 Flex Zone 10:30-11:30
20	21	22	23	24	25	26
	Sprinkles 6-8 Tornadoes 6-8	Flex Zone 5-6 Cyclones 6:15-8:15	Tornadoes 5:30-7:30 Mist 6-8 Vortex 6:30-8:30	Snowflakes 6-7 Cyclones 6:15-8:15 Flex Zone 7-8 Jumps 8-8:30		Rainbows 10-11 Flex Zone 10:30-11:30
27	28	29	30	31	1	2
	Sprinkles 6-8 Tornadoes 6-8	Flex Zone 5-6 Cyclones 6:15-8:15	Tornadoes 5:30-7:30 Mist 6-8 Vortex 6:30-8:30	Snowflakes 6-7 Cyclones 6:15-8:15 Flex Zone 7-8 Jumps 8-8:30		Rainbows 10-11 Flex Zone 10:30-11:30

